



Boys Premier Schedule



Team	Coach	Team Sessions	Technical Session
2012 Ranger Red	Tony Bartel	Tuesday (5:30-7:00PM) Field 14CD Thursday (5:30-7:00PM) Field 14CD	Monday (4:00-5:30PM) Field 10B (Adam DeMent)
2012 Ranger White	Manny Cruz	Tuesday (7:00-8:30PM) Field 11A Thursday (7:00-8:30PM) Field 11A	Monday (4:00-5:30PM) Field 10B (Adam DeMent)
2011 Ranger Red	Jimmy Merritt	Monday (5:30-7:00PM) Field 16A Wednesday (5:30-7:00PM) Field 16A	Tuesday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2011 Ranger White	Troy Henderson	Monday (7:00-8:30PM) Field 10B Wednesday (7:00-8:30PM) Field 10B	Tuesday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2010 Ranger Red	Paul Tomaro/ Jerry Sauer	Monday (5:30-7:00PM) Field 8CD Wednesday (5:30-7:00PM) Field 8CD	Tuesday (5:30-7:00PM) Field 8CD (Jerry Sauer)
2010 Ranger White	Edson Abreu	Tuesday (5:30-7:00PM) Field 14AB Thursday (5:30-7:00PM) Field 14AB	Wednesday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2010 Ranger Blue	Greg George	Tuesday (5:30-7:00PM) Field 8AB Thursday (5:30-7:00PM) Field 8AB	Wednesday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2009 Ranger Red	Roger Dailey	Monday (5:30-7:00PM) Field 16C Thursday (5:30-7:00PM) Field 16C	Wednesday (5:30-7:00PM) Field 16C (Matt Hollyoak)
2009 Ranger White	Adam DeMent	Wednesday (7:00-8:30PM) Field 8CD Thursday (5:30-7:00PM) Field 8CD	Monday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2009 Ranger Blue	Eddie Rodriguez	Wednesday (5:30-7:00PM) Field 16B Thursday (7:00PM-8:30) Field 14CD	Monday (4:00-5:30PM) Field 16A (Jimmy Merritt)
2008 Boys Academy	Brett Rountree	Monday (5:30-7:00PM) Field 15B Wednesday (5:30-7:00PM) Field 15B	SAQ: Tuesday (6:00-7:00PM) Futsal: Thursday (5:00-6:00PM) Location TBA (Brett Rountree)
2008 Ranger Red	Adam DeMent	Tuesday (7:00-8:30PM) Field 8CD Thursday (7:00-8:30PM) Field 8CD	Monday (5:30-7:00PM) Field 15C (Greg George/ Burt Rogers)
2008 Ranger White	Greg George	Tuesday (7:00-8:30PM) Field 8AB Thursday (7:00-8:30PM) Field 8AB	Monday (5:30-7:00PM) Field 15C (Greg George/ Burt Rogers)
2007 Boys Academy	Paul Tomaro	Monday (7:00-8:30PM) Field 15D Wednesday (7:00-8:30PM) Field 16B	SAQ: Tuesday (5:00-6:00PM) Futsal: Thursday (7:00-8:00PM) Location TBA (Paul Tomaro)
2007 Ranger Red	Rob Anderson	Tuesday (7:00-8:30PM) Field 17B Thursday (7:00-8:30PM) Field 17B	Wednesday (7:00-8:30PM) Field 17D (Jeff Fravala)

2007 Ranger White	Jeff Fravala	Monday (7:00-8:30PM) Field 17D Thursday (7:00-8:30PM) Field 17D	Wednesday (7:00-8:30PM) Field 17D (Jeff Fravala)
2006 Boys Academy	Matt Hollyoak/ Jimmy Merritt	Monday (5:30-7:00PM) Field 16B Thursday (5:30-7:00PM) Field 16B	SAQ: Wednesday (5:00-6:00PM) Futsal: Tuesday (5:30-6:30PM) Location TBA (Roger Dailey)
2006 Ranger Red	Doug Black	Monday (7:00-8:30PM) Field 17C Wednesday (7:00-8:30PM) Field 17C	Tuesday (7:00-8:30PM) Field 17D (Eddie Rodriguez)
2006 Ranger White	Jimmy Merritt/ Eddie Rodriguez	Monday (7:00-8:30PM) Field 16A Wednesday (7:00-8:30PM) Field 16A	Tuesday (7:00-8:30PM) Field 17D (Eddie Rodriguez)
2005 Boys Academy	Jimmy Merritt/ Matt Hollyoak	Tuesday (7:00-8:30PM) Field 16A Thursday (7:00-8:30PM) Field 16A	SAQ: Monday (6:00-7:00PM) Futsal: Wednesday (6:30-7:30PM) Location TBA (Greg George)
2005 Ranger Red	Doug Black	Tuesday (7:00-8:30PM) Field 17C Thursday (7:00-8:30PM) Field 17C	Wednesday (7:30-8:45PM) Field 14AB (Chris Marcelo)
2005 Ranger White	Chris Marcelo	Tuesday (7:00-8:30PM) Field 16D Thursday (7:00-8:30PM) Field 16D	Wednesday (7:30-8:45PM) Field 14AB (Chris Marcelo)
2004 Boys Academy	Matt Hollyoak/ Roger Dailey	Monday (7:00-8:30PM) Field 16B Thursday (7:00-8:30PM) Field 16B	SAQ: Wednesday (6:00-7:00PM) Futsal: Tuesday (6:30-7:30PM) Location TBA (Roger Dailey)
2004 Ranger Red	Josh Bookstore	Tuesday (5:30-7:00PM) Field 17B Thursday (5:30-7:00PM) Field 17B	Monday (5:30-7:00PM) Field 16D (Josh Bookstore/ Jason Dennis)
2004 Ranger White	Jason Dennis	Tuesday (5:30-7:00PM) Field 17D Thursday (5:30-7:00PM) Field 17D	Monday (5:30-7:00PM) Field 16D (Josh Bookstore/ Jason Dennis)
2003/2002 Boys Academy	Jimmy Merritt/ Matt Hollyoak	Tuesday (5:30-7:00PM) Field 16A Thursday (5:30-7:00PM) Field 16A	SAQ: Monday (5:00-6:00PM) Futsal: Wednesday (5:30-6:30PM) Location TBA (Greg George)
2003/2002 Ranger Red	Edson Abreu	Tuesday (7:00-8:30PM) Field 14AB Thursday (7:00-8:30PM) Field 14AB	TBA





Girls Premier Schedule



Team	Coach	Team Sessions	Technical Session
2012 Sol Red	Kylie Wilson	Tuesday (5:30-7:00PM) Field 9A Wednesday (5:30-7:00PM) Field 9A	Monday (7:00-8:30PM) Field 9AB (Kylie Wilson, Tara Kenney, Steve Breslin)
2012 Sol White	Steve Breslin	Tuesday (7:00-8:30PM) Field 9B Thursday (7:00-8:30PM) Field 9B	Monday (7:00-8:30PM) Field 9AB (Kylie Wilson, Tara Kenney, Steve Breslin)
2011 Sol Red	Tara Kenney	Tuesday (5:30-7:00PM) Field 9B Thursday (5:30-7:00PM) Field 9B	Monday (7:00-8:30PM) Field 9AB (Kylie Wilson, Tara Kenney, Steve Breslin)
2010 Sol Red	Kylie Wilson / Joe Lemieux	Tuesday (7:00-8:30PM) Field 9A Wednesday (7:00-8:30PM) Field 9A	Monday (7:00-8:30PM) Field 8CD (Joe Lemieux)
2009 Sol Red	Wale Leyimu / Nick Fogarty	Tuesday (5:30-7:00PM) Field 15B Thursday (5:30-7:00PM) Field 15B	Monday (5:30-7:00PM) Field 15A (Nick Fogarty)
2008 Sol Red	Al Cruz	Tuesday (7:00-8:30PM) Field 17A Thursday (7:00-8:30PM) Field 17A	Wednesday (7:00-8:30PM) Field 17A (Al Cruz)
2007 Girls Academy	Brett Rountree	Monday (7:00-8:30PM) Field 15B Wednesday (7:00-8:30PM) Field 15B	SAQ: Tuesday (7:00-8:00PM) Small Sided: Tuesday (8:00-8:45PM) Field 15C (Kerri) Futsal: Thursday (TBA) Location TBA
2007 Sol Red	Gary Valero	Monday (7:00-8:30PM) Field 16C Wednesday (7:00-8:30PM) Field 16C	Thursday (7:00-8:30PM) Field 16C (Gary Valero)
2006 Girls Academy	Wale Leyimu	Tuesday (7:00-8:30PM) Field 15B Thursday (7:00-8:30PM) Field 15B	SAQ: Wednesday (7:00-8:00PM) Small Sided: Wednesday (8:00-8:45PM) Field 15C (Wale) Futsal: Monday (5:30-7:00PM) Center Point Baptist Church (Wale)
2006 Sol Red	Rick Prestridge	Monday (7:00-8:30PM) Field 16D Wednesday (7:00-8:30PM) Field 16D	Thursday (5:30-7:00PM) Field 16D (Rick Prestridge)
2005 Girls Academy	Nick Fogarty / Kylie Wilson	Monday (7:00-8:30PM) Field 15A Thursday (5:30-7:00PM) Field 15A	SAQ: Wednesday (7:00-8:00PM) Small Sided: Thursday (8:00-8:45PM) Field 15C (Wale) Futsal: Tuesday (5:30-7:00PM) Center Point Baptist Church (TBA)
2004 Girls Academy	Nick Fogarty	Tuesday (7:00-8:30PM) Field 15A Thursday (7:00-8:30PM) Field 15A	SAQ: Wednesday (8:00-8:50PM) Small Sided: Wednesday (7:00-8:00PM) Field 15C (Wale) Futsal: Monday (7:00-8:30PM) Center Point Baptist Church (Wale)

2004 Sol Red	Heather French	Monday (7:00-8:30PM) Field 14CD Wednesday (7:00-8:30PM) Field 14CD	Tuesday (7:00-8:30PM) Field 14CD (Heather French)
2002/2003 Girls Academy	Kerri Hanks	Wednesday (7:00-8:30PM) Field 15D Thursday (7:00-8:30PM) Field 15D	SAQ: Tuesday (8:00-8:50PM) Small Sided: Tuesday (7:00-8:00PM) Field 15C (Kerri) Futsal: Monday (7:00-8:30PM) Center Point Baptist Church (Wale)
2002/2003 Sol Red	Jeff Reedy	Monday (7:00-8:30PM) Field 17B Wednesday (7:00-8:30PM) Field 17B	Thursday (7:00-8:30PM) Field 15C (Jeff Reedy)





Youth Academy Schedule



Team	Coach	Group Session	Technical Session	Team Session
U8 Red Stars	Ty Hesser	Monday (5:30-6:45PM) Field 10A/ Field 11	Wednesday (5:30-6:45PM) Field 11	Thursday (5:30-6:45PM) Field 10B
U8 Impact	Manny Cruz	Tuesday (5:30-6:45PM) Field 11	Wednesday (5:30-6:45PM) Field 11	Thursday (5:30-6:45PM) Field 11A
U8 Whitecaps	Dave Meadors	Monday (5:30-6:45PM) Field 10A/ Field 11	Thursday (5:30-6:45PM) Field 11B	Tuesday (5:30-6:45PM) Field 10A
U8 Union	Quinn Washington	Monday (5:30-6:45PM) Field 10A/ Field 11	Wednesday (5:30-6:45PM) Field 11	Thursday (5:30-6:45PM) Field 9A
U8 Sounders	Ryan Long	Tuesday (5:30-6:45PM) Field 11	Thursday (5:30-6:45PM) Field 11B	Monday (5:30-6:45PM) Field 10B
U10 Red Bulls	Jose Zermano	Monday (7:00-8:30PM) Field 11	Wednesday (5:30-7:00PM) Field 10	Thursday (7:00-8:30PM) Field 10A
U10 Rapids	Jon Mihalik	Monday (7:00-8:30PM) Field 11	Wednesday (5:30-7:00PM) Field 10	Thursday (5:30-7:00PM) Field 10A





Goalkeeper Training Schedule



Age Group	Session Day/ Time	Coach
2002/2003/2004/2005 Boys Academy	Monday (6:00-7:00PM) Field 15D Tuesday (5:00-6:00PM) Field 16B	Kylie Wilson James Bayles
2002/2003/2004 Girls Academy	Wednesday (6:00-7:00PM) Field 15A Thursday (6:30-7:30PM) Field 15D	Nick Fogarty Kylie Wilson
2002/2003/2004/2005 Boys & Girls Red/ White	Wednesday (6:00-7:00PM) Field 16D Thursday (6:00-7:00PM) Big Goal	James Bayles Heather French
2006/2007/2008 Boys Academy	Monday (5:00-6:00PM) Field 15D Wednesday (5:00-6:00PM) Field 16D	Kylie Wilson James Bayles
2005/2006/2007 Girls Academy	Wednesday (5:00-6:00PM) Field 15A Thursday (5:30-6:30PM) Field 15D	Nick Fogarty Kylie Wilson
2006/2007/2008 Boys & Girls Red/ White	Tuesday (5:00-6:00PM) Big Goal Thursday (5:00-6:00PM) Big Goal	Heather French Heather French
2009/2010 ALL Boys & Girls	Monday (6:00-7:00PM) Field 14CD Wednesday (6:00-7:00PM) Field 14CD	Heather French Heather French
2011/2012 ALL Boys & Girls	Monday (5:00-6:00PM) Field 14CD Wednesday (5:00-6:00PM) Field 14CD	Heather French Heather French
Academy (U8-U10)	Tuesday (6:00-7:00PM) Small Goal	Heather French
Recreation (2009-2011) *biweekly*	Thursday (6:00-6:50PM) Small Goal	Bennett

*** Big Goal / Small Goal located in between Field 14 & 11 ***

